

Talking Points for Kelly Cleeve

Author and Speaker

Raising Resilient Children *and* Ridiculous, Resilient Me

Raising Resilient Children

- You are a mother and a teacher. Tell us a little more about both of these roles.
- What inspired you to write this book?
- Why do you choose to write about resilience?
- Why do you think children are lacking resilience and how will that affect them in the long term?
- I noticed that the book is written for both teachers and parents. Why did you choose to focus on both groups?
- The book asks readers to take a long, hard look at their own resilience. Why so much focus on the adults when the book is written about children?
- What is the greatest lesson you have learned in working with children?
- What do you hope your readers will take away from your book?
- Are there any more books coming?

Ridiculous, Resilient Me

- You wrote this book as you were turning 40. Why was that such a milestone for you? How do you feel, now, about being in your 40s?
- You seem to struggle with the word “authenticity”. At times, it seems as if you are striving to be more authentic and at other times, you are making fun of the notion. Can you explain this?
- Tell us more about the title of the book and the concept of trying on shoes.
- Why do you think women are susceptible to playing roles?
- How does this affect their mental health?
- At the end of the book, your relationship with The Latin Lover is up in the air and you were considering the idea of leaving him. What is your relationship status today?
- Are there any more books coming?

